Deterrents to Listening

1) Fear of other people's power

2) Feeling competitive with speaker

3) Prior expectations about speaker or subject matter

4) Distractions – noise, phone calls, other demands on our time and concentration

5) Speaker or subject matter evokes a feeling, association or memory to something else.

6) Depending upon how our early needs were listened or not listened to, affects our current listening behavior.

7) Discomfort with interpersonal interactions