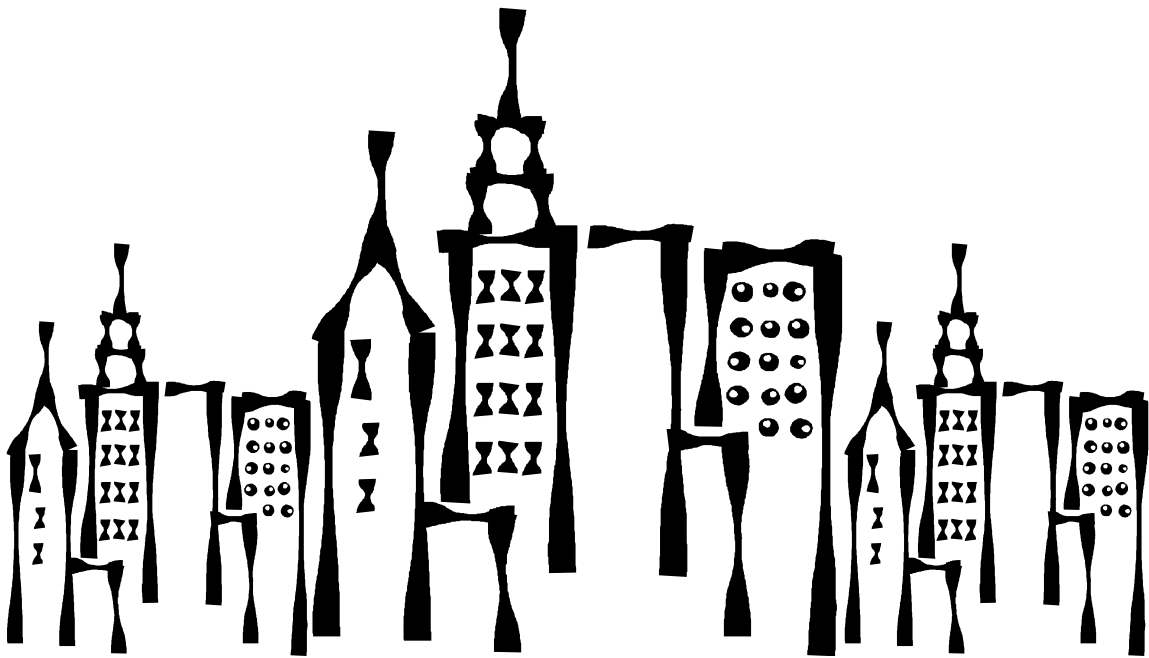


Around Town

Know **Your** Neighborhood



Prepared by FIT Office of **Residential Life**

A Department of Enrollment Management and Student Success

Table of Contents

Eat In **p. 3**

Eat Out

- **Restaurants** **p. 4**
- **Fast Food / Cafes** **p. 5**

Go Out

- **Recreation** **p. 6**
- **Theatres** **p. 7**
- **Worship** **p. 8**
- **Pamper Yourself** **p. 9**

Shop It

- **Clothing & Accessories** **p. 10**
- **Groceries, Pharmacies, Hardware** **p. 11**
- **Art Supplies, Fabrics, Books** **p. 12**
- **Electronics, Photos & Printing** **p. 13**

See It

- **Museums** **p. 14**
- **Parks and Attractions** **p. 15**

Stay In

- **Libraries and Movie Rentals** **p. 16**

FYI

- **Hospitals** **p. 17**
- **Banks & Check Cashing** **p. 18**
- **Transportation** **p. 19 - 20**
- **Hotels** **p. 21**
- **Moving, Shipping, Storage, Parking** **p. 22**
- **Laundry and Dry Cleaning** **p. 23**
- **Map & Hotlines** **p. 24**

This information is provided solely as a service to our residents. We therefore assume no responsibility for the accuracy of the information contained, or the quality or availability of services offered by the vendors.

- The Office of Residential Life

Eat In: Stay home and have the food come to you.

www.FreshDirect.com

Groceries and pre-made meals delivered the next day.

www.PinkBerry.com

Frozen yogurt treats delivered to your building lobby.

www.MaxDelivery.com

Pharmacy goods, DVDs, Specialty foods, gifts.

www.MenuPages.com

Check out the menus for almost every restaurant you can find.

www.SeamlessWeb.com

One stop shopping for any type of food you may crave.

Eat Out: Some of the Neighborhood Restaurants.

Alonso's Steakhouse

265 W 20th Street
Btwn 8th & 9th Ave
(212) 675-7749

Aviano Pizza

344 9th Avenue
Btwn. 29 & 30th
(212) 279-8979

Bella Napoli (Italian)

257 7th Avenue
Btwn. 24 & 25th St.
(212) 675-4050

Blossom Vegan Café

187 9th Avenue
Btwn. 21st & 22nd St.
(212) 627-1144

Bombay Garden

(Indian)
24th St. & 7th Avenue
Btwn. 23rd & 24th St.
(212) 627-2206

Brother Jimmy's

(BBQ)
416 8th Avenue at 31st
St.
(212) 967-7603

Burgers & Cupcakes

American Food
458 9th Avenue
(212) 643-1200

Cafeteria (American)

17th St. & 7th Avenue
(212) 414-1717

Dish (Diner)

201 8th Avenue
Btwn. 20th & 21st.
(212) 352-9800

East of Eight

(International)
23rd St btwn. 7th & 8th
Ave.
(212) 352-0075

El Quijote (Spanish)

23rd St btwn. 7th & 8th
Ave
(212) 929-1855

Francisco's Centro

Vasco
(Seafood, Spanish)
159 West 23rd Street
Btwn. 6th & 7th Ave.
(212) 645-6224

Fresco Tortilla Grill

(Mexican)
397 8th Avenue
Btwn. 23rd & 24th St.
(212) 463-8877

Ginger House (Chinese)

29th St & 7th Avenue
Btwn. 28th & 29th
(212) 760-2661

Home on 8th

(Chinese, Vegetarian)
391 8th Avenue
Btwn. 29th & 30th St.
(212) 947-1420

Intermezzo (Italian)

202 8th Avenue
Btwn 7th & 8th Ave
(212) 929-3433

Keens Steakhouse

72 West 36th Street
Btwn 6th & 5th Ave
212-947-3636

Lasagna (Italian)

196 8th Avenue
At 20th St.
(212) 242-4551

Luigi's Restaurant

(Pizza)
302 8th Avenue
Btwn. 25 & 26th
(212) 242-2259

Mita Indian Restaurant

336 8th Avenue
Btwn. 25th & 26th St.
(800) 660-1605

Mustang Harry's

(American)
30th St & 7th Avenue
Btwn. 29th & 30th
(212) 268-8930

Mustang Sally's

(American)
28th St & 7th Avenue
Btwn. 28th & 29th
(212) 695-3806

Olive Garden (Italian)

6th Avenue
Btwn. 22nd & 23rd St.
(212) 255-1240

Outback Steakhouse

23rd St
Btwn. 5th & 6th Ave
(212) 989-3127

Rub BBQ

208 W. 23rd St.
Btwn. 8th & 8th Ave.
(212) 524-4300

Seven (American)

350 7th Avenue
Btwn. 29th & 30th
(212) 967-1919

Soul Fixins' Restaurant

(Soulfood & Southern)
371 West 34th Street
At 9th Avenue
(212) 736-1345

Spice (Thai)

21st Street & 8th Avenue
(212) 989-1116

Tick Tock Diner

481 8th Avenue
At 34th St.
(212) 268-8444

TGI Friday's

(American)
34th St.
Btwn. 7th & 8th Ave.
(212) 630-0307

Triple Crown

(American)
28th St & 7th Avenue
(212) 736-1575

Uncle Nick's (Greek)

382 8th Avenue
(212) 609-0500

Eat Out: Fast food and Cafes.

Antique Café

27th St. & 7th Avenue
(212) 243-2326

Au Bon Pain

151 W. 34th St.
(212) 244-5571

Austin's Café

27th St. & 7th Avenue
(212) 206-8283

Best of the West Deli

371 W. 34th St
(212) 290-0048

Boston Market

271 W. 23rd St.
Btwn 7th & 8th Ave
(212) 206-1221

BRGR

287 7th Ave
Btwn 27th & 26th St
(212) 488 7500

Blue Dog Café

101 W. 25th St.
At 6th Avenue
(212) 229-9222

Brooklyn Bagel

286 8th Ave
212-924-2824

Brown Cup

334 8th Avenue
(212) 675-7765

Burger King

255 W. 34th Street
(917) 351-0500

Canaan Japanese

154 West 29th Street
(212) 947-9298

Chelsea Gourmet Café

27th Street & 7th Avenue
Btwn 24 & 25th St
(212) 633-7104

Chipotle

W. 26th @ 7th Avenue
(212) 645-6290

Chipotle

304 West 34th Street
(212) 268-4197

City Food Bar

275 7th Avenue
Btwn 25th & 26th
(917) 661-9110

Cloud 9

360 9th Avenue
(212)-971-9011

Dominos

W. 23rd St.
Btwn 6th & 7th Ave
(212) 2423-5700

Dunkin Donuts

289 7th Avenue
Btwn 27th & 26th St
212-229-4799

Dunkin Donuts

W. 31st St.
Btwn 8th & 9th Ave
(212) 594-1656

Europa Café

11 Penn Plaza
(212) 695-3939

Fresh & Co

363 7th Ave @ 30th St
(212) 373-7374

Guy & Gallard

29th St & 7th Avenue
(212) 695-0006

Hudson Yards Café

450 10th Ave @ 35th St.
(212) 239-4606

Irish Café

306 W. 34th St
Btwn 8th & 9th Ave
(212) 840-9082

Kofoo Korean Rice Bar

334 8th Avenue
Btwn 26th & 27th
(212) 675-5277

Lily Farm (Sandwiches)

297 7th Avenue
243-4673

Loving Hut

348 7th Ave @ 29th St
(212) 760-1900

McDonald's

154 7th Avenue
(212) 691-3720

McDonald's

427 10th Avenue
(212) 564-7115

McDonald's

335 8th Avenue
(212) 633-1107

apa Johns

213 W. 28th St
Btwn 7th & 8th Ave
(212) 563-7272

Rainbow Deli

295 7th Ave
Btwn 26th & 27th
(212) 352-9174

Song Kran

330 8th Avenue
Btwn 27th & 26th St
(212) 239-8792

Speedy Deli

350 Broadway
Btwn 31st & 32nd
(212) 290-0345

Starbucks

32nd St. & 7th Avenue
(212)279-1122

Starbucks

450 West 33rd Street
(212) 563-0692

Subway

W. 26th St @ 7th Ave
(212) 255-7647

Subway

W. 29th St Btwn 6th & 7th
(212) 268-4260

Taco Bandito (Mexican)

8th Avenue
Btwn 26th & 27th St.
(212) 989-5518

Wendy's

W. 34th St @ 8th Ave
(212) 560-7875

Go Out: Recreational activities around town.

Gyms / Sports Clubs

Bally Total Fitness

139 W. 32nd St.
Btwn. 6th & 7th
(212) 465-1750

641 6th Avenue
212.645.4565
Btwn. 19th & 20th St.

Crunch Fitness

144 W. 38th St.
Btwn. Broadway & 7th
888.310.6011

David Barton Gym

215 West 23rd Street
212.414.2022

New York Sports Club

1372 Broadway @ 38th St
212.575.4500

270 8th Ave @ 23rd St
212.243.3400

Phoenix Fitness

127 West 25th Street
212.206.7011

NYC Recreation Center

430 West 25th Street
212.255.3705

Steel Gym Inc.

146 West 23rd Street
212.352.9876

Synergy Fitness Clubs

138 W. 14th St.
212.414.8430

Bowling

Bowlmore Lanes

110 University Place
212.255.8188

Lucky Strike

624-660 W. 42nd St.
At 42nd & 12th
646.829.0170

Chelsea Piers

23rd Street @ the Hudson River
212.336.6666

Skating Rink

Twin, indoor year-round rinks for skating, ice hokey & lessons.

The Field House

Gymnastics center, indoor soccer, field hokey, lacrosse fields, basketball courts & batting cages.

The Golf Club

The most technologically advanced driving range in the U.S.

The Sports Center

Sports and fitness center featuring a 1/4 mile indoor track, rock climbing wall, pool and sundeck.

The Blue Streak

Sports training in basketball, soccer, ice hockey, football, lacrosse, volleyball, & track

SPA

Eight treatment rooms, spa lounge, manicure & pedicure rooms with river views.

Sport Arenas

Belmont Raceway

2150 Hempstead Turnpike
Elmont, NY 11003
516.326.0641

Giants Stadium

East Rutherford, New Jersey
201.935.8111

Madison Square Garden

4 Penn Plaza, 7th Ave. & 32nd St.
212.465.6080

Citi Field

37-10 114th Street St
Flushing, NY 11368
718.507.8499

Yankee Stadium

East 161 Street & River Ave.
Concourse, Bronx
718.293.4300

Yonkers Raceway

810 Yonkers Avenue
Yonkers, NY 10704-2099
(914) 968-4200

Go Out: Movies, Theatre, Ballet and Opera.

Movie Theaters

AMC Empire 25

234 West 42nd Street
Btwn. 7th & 8th Ave.
212.398.3939

Clearview Chelsea

260 West 23rd Street
Btwn. 7th & 8th Ave.
212.513.5402

AMC Theaters

19th St. East
890 Broadway
212.260.8000

Loews 34th Street

34th Street btw. 8th & 9th Avenue
212.244.8850

Regal E-Walk 13

247 W. 42nd St.
Btwn. 7th & 8th Ave.
212.673.4042

** For movie information, theaters in arena and ticket purchasing, Call 777-Film or go online and check their website www.moviefone.com*

Ticketmaster

www.ticketmaster.com
212.307.7171

Tickets for Broadway shows, concerts and other events can be purchased at any of the following ticketmaster outlets:

- The Box Office of Theater/Area
 - Bloomingdales
 - Macy's
 - Lincoln Center
 - Madison Square Garden
 - Student Life at FIT, room A713
- (Offer money back on Broadway Show tickets.)

TKTS - Discount Theater Tickets

Tdf.org

Ticket Booths:

TKTS Times Square

47th Street & Broadway
212.221.0013

TKTS South Street Seaport

Corner of Front & John Street

TKTS Brooklyn

1 MetroTech Center
Corner of Jay Street & Myrtle Avenue

Ballet & Opera

www.NycBallet.com
www.ABT.org
www.MetOperaFamily.org
www.NycOpera.com

Go Out: Neighborhood places of worship.

Buddhism:

Chakrasambara Buddhist Center
322 8th Avenue Suite 502
212.924.6706

Episcopal:

Holy Apostle
296 28th Street & 9th
212.807.6799

German Lutheran:

St. Pauls
315 West 22nd Street
212.929.1695

Greek Orthodox:

St. Elftherios
359 West 24th Street
212.924.3919

Jewish Synagogue:

Congregation Emunath Israel
236 West 23rd Street
212.675.2819

West Side Jewish Center

347 W. 34th St.
212.502.5291

Reform:

Marble Collegiate
5th Avenue & W. 29th St.
212.686.2770

Roman Catholic:

St. Columba Church
343 West 25th Street
212.807.8876

St. Johns
210 West 31st Street
212.564.9070

St. Francis of Assisi
135 West 31st Street
212.736.8500

St. Vincent De Paul
116 West 24th Street
212.243.4727

Go Out: Neighborhood places to pamper yourself.

Nails

Bloomie Nails

294 8th Avenue
646.638.2727

Jamie's Nails

153 W. 27th Street
(Btwn 6th & 7th)
212.255.9890

Nails More

256 W. 27th Street
212.255.0888

Salons

Antonio Prieto Salon

127 W. 20th Street
212.255.3741

AR Salon

304 8th Ave.
212.206.0268

Kiwa Salon

234 W. 27th St.
212.620.3846

Villa Chauvin Hair Studio

249 West 23rd Street
212.645.1800

Spas

Orchid Spa

336 9th Avenue
212.868.5588

Serenity Spa

776 6th Avenue
212.481.7898

Skintology

171 7th Ave.
Btwn. 20 & 21st
212.989.6555

Shop It: Clothing and Accessories.

American Apparel

181 8th Avenue
212.727.3540

345 7th Avenue
212.239.7940

Ann Taylor Loft

35 West 34th Street
212.244.8926

Anthropologie

85 5th Avenue
212.627.5885

Armani Exchange

645 5th Avenue
212.980.3037

Barney's New York

660 Madison Avenue
212.826.8900

Bergdorf Goodman

754 5th Avenue
212.753.7300

Bloomingdale's

1000 3rd Avenue
212.705.2000

Brooks Brothers

346 Madison Avenue
212.682.8800

Burlington Coat Factory

707 6th Avenue
212.206.9227

Century 21

22 Cortlandt Street
212.227.9092

Christian Dior

21 East 57th Street
212.931.2954

Fendi

677 5th Avenue
212.644.1879

Filenes's Basement

620 6th Avenue
212.620.3100

Foot Action

430 7th Avenue
646.473.1945

Foot Locker

120 West 34th Street
212.629.4419

H&M

435 7th Avenue
212.643.6955

640 5th Avenue

212.489.8777

Lord & Taylor

424 5th Avenue
212.391.3344

Macy's

151 West 34th Street
212.695.4400

Manhattan Mall

6th Ave. & 33rd St.
212.465.0500

Men's Warehouse

655 6th Avenue
212.243.3517

Niketown

6 East 57th Street
212.891.6453

Old Navy

150 West 34th Street
212.594.0049

610 6th Avenue

212.645.0663

Saks 5th Avenue

611 5th Avenue
212.753.4000

Sephora

130 West 34th Street
212.629.9135

Tiffany & Co.

5th Avenue @57th Street
212.755.8000

Urban Outfitters

526 6th Ave.
646.638.1646

374 6th Avenue

212.677.9350

Victoria's Secret

901 6th Avenue
646.473.0950

Shop It: Groceries, Pharmacies, Hardware, etc.

Supermarkets

Food Emporium

452 W. 43rd @ 10th Ave
212.714.1414

Garden of Eden

162 W. 23rd St
212.675.6300

Gristedes

307 W. 26th Street @ 8th Ave
212.243.8644

NSA

317 9th Ave @ 29th St
212.714.1522

Trader Joes

142 E. 14th St
212.529.4612

Western Beef

431 W. 16th @ 10th Ave
212.924.1401

Whole Foods

250 7th Avenue
212.924.5969

Pharmacies

CVS Pharmacy

- 272 8th Ave
212.255.2592
- 750 6th Ave
646.336.8388

- 342 East 23rd Street
212.505.1555

Duane Reade

- 322 8th Ave
212.255.5025
- 460 8th Ave
212.244.4026
- 333 7th Ave
212.239.0167
- 777 6th Ave
646.336.8414
- 2 Penn Plaza
212.760.8107
- One Penn East
212.268.3999

New London

246 8th Ave
212.243.4987

Rite Aid

- 88 9th Ave
212.727.9620
- 282 8th Ave
212.727.3854

Discount Stores

99 Cent Creation

244 W 23rd St
212.627.2983

Jacks 99 Cent Stores

110 West 32nd Street
212.268.9962

K-Mart

1 Penn Plaza
212.460.1188

Hardware & Home

Bed Bath & Beyond

620 6th Avenue
212.255.3550

Chelsea Hardware

400 W. 25th St.
212.279.2720

Container Store

629 6th Avenue
212.366.4200

Home Depot

40 W. 23rd St
212.929.9571

Howard Supplies

399 8th Ave
212-971-3127

KDM Hardware

150 W. 26th St.
212.242.3799

Mercer Square

286 8th Avenue
212.255.7389

Shop It: Find Art Supplies, Fabrics & Books.

Art Supply Stores

A.I. Freedmen
44 West 18th Street
212.243.9000

Blick Art Materials
1-5 Bond Street
212.533.2444

Chelsea Art Supplies
134 West 24th Street
212.242.8856

Design Partners
7th Avenue & 29th
212.741.5080

Fashion Design Books
250 West 27th Street
212.633.9646

FIT Barnes & Noble
Btwn A & B buildings
212.217.7717

New York Central Art
62 3rd Avenue
212.473.7705

Paper Access Inc.
23 West 18th Street #1
212.463.7035

Pearl Paint
308 Canal Street
212.431.7938

Sam Flax
12 W. 20th St.
212.620.3038

SOHO Art Materials Inc.
127 Grand Street
212.431.3938

Utrecht Art Supply
237 West 23rd Street
212.675.8699

Fabric Stores

AK Fabric Inc.
257 W. 39th St.
212.944.5693

B&J Fabrics
525 7th Avenue
212.354.8150

Mood Designer Fabrics
225 West 37th Street 3rd fl.
212.730.5003

Paron Fabrics West
206 West 40th Street
212.768.3266

Trumart Discount Fabrics
261 7th Avenue
212.924.1332

M&J Trimmings
1008 6th Avenue
800.9.MJTRIM

Zarin Fabric Warehouse
318 Grand Street
212.925.6112

Book Stores

Barnes & Noble
555 5th Avenue
212.697.3048

33 East 17th Street
212.253.0810

Borders Bookstore
2 Penn Plaza
212.244.1814

Julian's Books
35 W. 64th St.
212.595.0739

NYU Bookstore
18 Washington Place
212.998.4667

Revolution Books
146 W. 26th St.
212.691.3345

The Strand Bookstore
828 Broadway @ 12th St.
212.473.1452

Forbidden Planet
840 Broadway
212.473.1576

Jim Hanley's Universe
4 West 33rd Street
212.268.7088

Midtown Comics
200 West 40th Street
212.302.8192

Shop It: Electronic, Photo and Printing needs.

Electronics

Apple

401 W. 14th St.
212.444.6400

767 5th Avenue
212.336.1440

103 Prince Street
212.226.3126

AT&T

209 West 34th Street
646.473.0459

247 8th Ave.
212.929.6898

B&H

420 9th Avenue
800.221.5743

Best Buy

60 West 23rd Street
212..366.1373

Circuit City

52 East 14th Street
212.387.0730

Data Vision

445 5th Avenue
212.689.1111

Office Depot

1441 Broadway
212.764.2465

Radio Shack

356 7th Avenue
212.244.0567

Manhattan Mall

212.279.1560

205 West 23rd Street
212.924.3054

Sprint

126 West 34th Street
212.695.6006
488 7th Avenue

Staples

Penn Station
646.674.1652

500 8th Ave.
212.244.281

Tekserve

119 W. 23rd St.
212.929.3645

T-Mobile

315 7th Avenue
212.675.0306

253 8th Avenue
212.366.5253

Verizon

1095 6th Avenue
646.366.9121

134 W. 34th St.
917.351.8000

Photos & Printing

Icon Digital

49 W. 27th St. 4th FL
212.685.1191

Kinkos

1 Penn Plaza
212.760.0269

326 7th Avenue
212.239.8890

Staples Copy Center

29th St. & 7th Ave.
646.473.0336

See It: A selection of NYC Museums

American Museum of Natural History
Central Park West @ 79th St.
212.769.5100

Brooklyn Museum of Art
200 Eastern Parkway
718.638.5000

The Cloisters Museum
Fort Tryon @ 190th Street
212.923.3700

Children's Museum
212 West 83rd Street
212.721.1234

Cooper Hewitt National Design Museum
2 East 91st Street
212.849.8400

Denise Bibro Fine Art
529 West 20th Street 4th Floor
212.647.7030

El Museo del Barrio
1230 5th Avenue
212.831.7272

Guggenheim Museum
1071 5th Avenue
212.423.3500

Hispanic Society of America
613 West 155th Street
212.926.2234

Intrepid Sea & Air Museum
West 46th Street & 12th
212.245.0072

Metropolitan Museum of Art
1000 5th Avenue @ 82nd St.
212.535.7710

MOMA
11 W. 53rd St.
212.708.9400

Museum of Art & Design
2 Columbus Circle
212.299.7777

Museum of the City of New York
1220 5th Avenue @ 103rd St.
212.534.1672

Museum of the Moving Image
35th Avenue @ 36th Street
Astoria, Queens
718.784.0077

Museum of American Indian
1 Bowling Green
212.514.3700

Museum of Sex
2335 5th Avenue
212.689.6337

P.S.1. Contemporary Art
2225 Jackson Ave
Long Island City
718.784.2084

Society of Illustrators
128 E. 63rd St
212.838.2560

The Frick Collection
1 East 70th Street
212.288.0700

Whitney Museum of American Art
945 Madison Ave @ 75th St.
212.570.3600

See It: Top NYC Parks, Gardens and Attractions

Parks & Gardens

Battery Park

www.BatteryParkCity.org

Brooklyn Botanical Gardens

www.bbg.org

Brooklyn Bridge Park

www.BrooklynBridgePark.org

Bryant Park

40th to 42nd St

Btwn 5th & 6th Avenues

Bronx Zoo

www.BronxZoo.com

Central Park

www.CentralParkNYC.org

Fort Tryon Park

W. 192nd to Dyckman St

At Broadway

Prospect Park, Brooklyn

www.ProspectPark.org

Tompkins Square Park

E. 7th to 10th St

Btwn Avenues A & B

Union Square Park

www.UnionSquareNYC.org

Attractions

Ellis Island

www.EllisIsland.org

Empire State Building

www.ESBNYC.com

Irish Hunger Memorial

290 Vesey Street

Lincoln Center

www.LincolnCenter.org

Radio City Music Hall

RadioCity.com

South Street Seaport

www.SouthStreetSeaport.com

Statue of Liberty

www.NPS.gov

Staten Island Ferry

www.SIFerry.com

Times Square

www.TimesSquareNYC.org

Info Booth

7th Ave @ 46th St

Top of the Rock

www.TopoftheRockNYC.com

United Nations

1st Avenue @ East 44th St.

Stay In: Libraries and Movie Rentals.

Libraries

Gladys Marcus Library - F.I.T.

7th Avenue @ 27th Street
212.217.5590

New York Public Libraries

www.NYPL.org

Humanities & Social Sciences

5th Ave. at 42nd St.
917.275.6975

Main Library

5th Avenue @ 42ND Street
212.869.8089

Mid-Manhattan Branch

5th Avenue & 40th Street
212.924.1585

Muhlenberg Branch

209 West 23rd Street
212.924.1585

N.Y. Library of Performing Arts

40 Lincoln Center Plaza
212.870.1630

Movies & TV

Blockbuster Express

@Gristedes Supermarket
307 W. 26th Street
www.BlockbusterExpress.com

Hulu

www.hulu.com

Max Delivery

www.MaxDelivery.com
DVDs, Specialty foods, gifts

Netflix

www.Netflix.com

FYI: Hospitals & Health Clinics

Beth Israel Medical Center

10 Union Square East
1st Avenue @ 16th St
212.844.8288

Beth Israel Urgent Care (24 hours)

(Formerly DOCS)
23rd Street @ 7th Avenue
212.352.2600

Bellevue Hospital Center

1st Ave @ E. 27th St
212.562.4141

Chelsea Health Center

303 9th Avenue
212.854.2284

Manhattan Medical Health Center

160 E. 56th St. 6th Fl.
212.421.6509

NY Eye & Ear Infirmary

310 E. 14th St.
212.979.4000

St. Luke's - Roosevelt Hospital

W. 58th St @ 9th Ave
212.523.6800

FYI: Banks & Check Cashing

Banks

Bank of America

800.432.1000

www.bankofamerica.com

- 670 6th Avenue @ 28th St
- 1 Penn Plaza @ 33rd St
- 1293 Broadway @ 33rd St

Chase

1.800.242.7338

www.chase.com

- 305 7th Avenue @ 27th Street
- 245 7th Avenue
- 2 Penn Plaza (31st St. Bet, 7th & 8th Ave)
- 475 West 23rd Street & 6th Avenue

Citibank

212.627.3999

www.citibank.com

- 322 West 23rd Street
- 201 West 34th Street
- 401 West 42nd Street
- 1384 Broadway (38th Street)

Emigrant Savings Bank

www.emigrant.com

- 371 7th Avenue, 212.643.660
- 250 west 23rd Street, 212.367.7830

HSBC

800.975.4722

www.us.hsbc.com

- Corner of 27th & 6th Ave
- Corner 8th & 34th St

TD Bank

888.751.9000

www.tdbank.com

- 200 West 26th Street
- 36th Street & 7th Avenue
- 37th Street & 5th Avenue

Check Cashing

G & R Check Cashing

365 7th Avenue

212.564.4705

Western Union/Money Center

334 9th Avenue

212.563.2139

FYI: General Transportation

Trains

Amtrak

www.amtrak.com

800.usa.rail

Located at Penn Station

Long Island Rail Road

718.558.8228

Located at Penn Station

Metro North Railroad

www.MTA.info

800.metroinfo

Located at Grand Central Station

New Jersey Transit

Located at Penn Station

Path Train to New Jersey

W 33rd @ Broadway

W 23rd @ 6th Ave

Buses

NYC MTA Buses

www.MTA.info

www.HopStop.com

Port Authority Bus Terminal

www.panynj.gov

212.564.1114

8th Avenue btwn 40th & 42nd St

Subway

NYC MTA Subway

www.MTA.info

The closet Subway Lines are:

1: W. 28th @ 7th Ave

C, E: W.23rd @ 8th Ave

R, W: W. 28th @ Broadway

A, 2,3: Penn Station @ 34th St

www.HopStop.com

HopStop provides subway and bus directions/maps for Manhattan, Queens, Brooklyn, Bronx & Staten Island.



FYI: Airport Transportation

Car Services to Airports

Carmel

www.CarmelLimo.com
212. 666.6666

New York Air Service Express

www.NYAirportService.com
718.875.8200

Olympia Trails Airport Express

www.OlympiaBus.com
908.354.3330

Super Shuttle Manhattan

www.SuperShuttle.com
212.bluevan

Dial 7 Car & Limousine

www.dial7.com
212.777.7777

City Ride Transportation

www.CityRideLimo.com
800.cityride

Train Service to Airports

www.panynj.gov

JFK Airport:

-Air Train

Subway: E, J, Z to Jamaica or A train to Howard Beach

NYC Bus Lines Q6, Q8, Q9, Q24, Q30, Q31, Q40, Q41, Q43, Q44, Q54, Q56, and Q60 to Jamaica, Queens

LIRR: To Jamaica

-E or F trains to Kew Gardens *or* A train to Lefferts Blvd *or* J & Z trains to 121st St and take Q10 bus to JFK

-F train to 169th Street and take Q3 bus to JFK

-3 train to New Lots Avenue and take B15 bus to JFK

LaGuardia Airport:

-Take 1, B, or D trains to 103rd street and connect to M60 bus on West 106th @Broadway to LaGuardia.

Newark Airport:

-Take PATH train at 33rd street, transfer at Journal Square for train to Newark Penn station, then transfer to NJ Transit train to Newark Airport station, then take NJ Air Train to Airport

-Take Amtrak train at NY Penn Station to Newark Penn Station, then NJ Air Train to Airport.

-Take NJ Transit train at NY Penn Station to Newark Penn Station, then NJ Air Train to Airport.

FYI: Hotels

You can also find a list of Hotels with FIT Preferred Rates here: <http://www.fitnyc.edu/1903.asp>

Neighborhood

*** Hampton Inn Empire**

State Building- offers a preferred rate for FIT: 10% off of standard rates. Also includes hot breakfast buffet FREE, as well as FREE wired & wireless internet.
59 W. 35th Street
212.564.3688

Affina Manhattan

371 7th Avenue
 212.563.1800

Comfort Inn Chelsea

18 West 25th Street
 211.645.3990

Best Western

522 W 38th Street
 212-405-1700

Broadway Plaza

1155 Broadway
 212.679.7665

Chelsea Lodge

318 West 20th Street
 212.243.4499

Chelsea Savoy

204 West 23rd Street
 866.929.9353

Chelsea Hotel

222 West 23rd Street
 212.243.3700

Chelsea Inn on 23rd

131 West 23rd Street
 212.463.0330

Chelsea Pines Inn

317 West 14th Street
 212.929.1023

Colonial House Inn

318 West 22nd Street
 212.243.9669

Comfort Inn Manhattan

42 W. 35th St.
 212.947.0200

Four Points Sheraton

160 W. 25th Street
 212.627.1888

Gershwin Hotel

7 East 27th Street
 212.545.8000

Hampton Inn

116 W. 31st St.
 212.947.9700

Hilton Garden Inn

121 West 28th Street
 (212) 564-2181

Hotel Metro

45 W. 35th Street
 212.947.2501

Hotel Pennsylvania

401 7th Avenue
 212.736.5000

Hotel Stanford

43 W. 32nd St.
 212.563.1500

Hotel Wolcott

4 West 31st St
 212.268.2900

Howard Johnson

215 W. 34th St.
 212.947.5050

La Quinta

17 W. 32nd Street
 212.736.1600

La Semana Hotel

25 West 24th Street
 212.255.5944

Radisson

49 W. 32nd Street
 212.736.3800

Red Roof-Manhattan

6 West 32nd Street
 212.643.7100

Ramada Inn/New Yorker

481 8th Avenue
 212.244.0719

Wingate Inn Manhattan

235 West 35th Street
 (212) 967-7500

Midtown

Belvedere Hotel

319 West 48th Street
 212.245.7000

Best Western

Presidential
 234 West 48th Street
 212.246.8800

Comfort Inn Midtown

129 West 46th Street
 212.221.2600

Edison Hotel

228 West 47th Street
 212.840.5000

Essex Hotel

170 Central Park South
 212.265.7300

Marriot Marquis

1535 Broadway
 212.398.1900

Metropolitan Hotel

569 Lexington Ave
 (212) 752-7000

Budget

Allerton Hotel

302 West 22nd Street
 212.243.6017

Chelsea Inn

184 11th Avenue
 212.929.7770

Chelsea Star Hotel

302 W 30th St
 212.244.7827

Chelsea Int. Hostel

251 West 20th Street
 212.647.0010

Herald Square Hotel

19 West 31st Street
 212.279.4017

Leo House

323 W. 23 rd Street
 Phone: (212) 929-1010

Westend Studios & Hostel

West End Ave& 102nd
 212.662.6000

West Side Inn

237 West 107th Street
 212.866.0061

FYI: Moving, Shipping, Storage & Parking.

Moving

Divine Moving & Storage
317 W. 35th Street
212.244.4011
www.divinemoving.com

Flat Rate Movers
466 Broome St. 5th FL
212.988.9292
www.flatrate.com

Integrity Movers, INC.
210 West 22nd Street
718.556.5999
www.integritymoversinc.com

Seaman's Moving
400 E. 71st St.
866.884.3298
www.seamansmoving.com

U-Haul
526 West 23rd Street
800.620.4177
www.uhaul.com

Shipping

DHL
500 10th Ave @ 38th St
1.800.callDHL
www.dhl-usa.com

Federal Express
326 Seventh Ave @ 28th St
1.800.gofedEX

www.fedex.com/us

UPS
328 8th Ave @ W. 26th St
1.800.pickups
www.ups.com

United States Post Office
33rd Street & 8th Avenue
www.USPS.com
212.330.3002

Storage Spaces

Bedrock Mini Storage
241 11th Avenue
212.255.5832

Central Moving & Storage
605 W. 27th Street
212.268.8989

Chelsea Mini Storage
224 12th Avenue
626 West 28th Street
212.564.7735

Extra Space Storage
58 W. 143rd St.
888.786.7243

Manhattan Mini Storage
646.STORAGE
524 West 23rd Street
520 17th Street
17th Street & 10th Avenue

Tuck It Away
517 West 29th Street
212.244.1438

Whitehall Moving & Storage
333 Hudson Street
212.675.0156

Parking

Central Parking
9 W. 31st St
340 W. 31st St
315 W. 33rd St
800.836.6666
www.parking.com

Edison Parking
440 W 33rd St
888-PARKFAST
www.ParkFast.com

Icon Parking
241 W. 28th Street
877-PARKING
IconParkingSystems.com

Imperial Parking
200 W. 26th St
425 W. 31st St
212-736-7171
imperial-parking.com

Tori Parking Garage
241 W 26th St
212.242.9559

FYI: Laundry & Dry Cleaning

Dry Cleaning

Alfa Dry Cleaners

226 W. 29th St.
212.279.3759

Expert Cleaning

400 West 23rd Street
212.627.1484

M&N Cleaners

292 8th Avenue Ste. 1
212.675.8966

Penn House Cleaners

339 8th Avenue
212.242.1095

Penn Plaza Cleaners

158 West 30th Street
212.465.8794

Piermont Cleaners

188 7th Avenue
212.242.2865

S& J Cleaners Inc.

156 8th Avenue
212.242.3577

Swans Cleaners

356 9th Avenue
212.967.6675

Supreme Specialty

231 West 29th Street

212.695.5499

Terrace Valet

435 West 23rd Street
212.633.2462

23rd Street French Dry Cleaners

169 West 23rd Street
212.691.7003

Velazquez Cleaners

188 8th Avenue
212.242.5900

Laundromats

Chelsea New Wave Laundromat

178 7th Avenue
212.675.0673

Clean Way

171 W 26th Street
212.255.1733

Kingside Laundromat

364 West 23rd Street
212.463.0866

Signature Cleaning Service Inc.

231 W. 29th St.
212.502.4700

Well More Laundromat

204 8th Avenue
212.366.9764

FYI: Map & Hotline

New York City General Info

311

Emergency Phone Number

Ambulance - Fire- Police

911

Crime Stoppers Hot Line

212.577.8477

Crime Victims Hotline

212.577.7777

Help & Crisis Center

212.532.2400

MTA Travel Information

718.330.1234

NYPD Hotlines

866.856.4167

Poison Control

212.340.4494

Suicide Prevention

212.673.3000



