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## **PB & J: Anatomy, Experience & Implications**

### Philosophy of the lesson:

The PB & J is Rocket Science / More complex than it seems.

### Methodology:

#### *Ice-breaker*

- Using a wide variety of foods & materials, (PB & J) students in small groups have to create a PB & J via their own process & in their own “vision”

Each group is facilitated to present their:

- Process & decision-making
- End product
- Their rationales

Each group, after learning what everyone has done & the content there:

- Nutritional & health value
- Taste & color / visual perception / taste expectation
- Sustainable packaging and materials
- Graphics: gourmet to economy & info graphics
- Semiotics & personal meaning

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## **Victorian Culture & Fashion: Student Museum Exhibition**

### Philosophy of the lesson:

How the past influences the present. \* Interaction with culture & fashion\*

### Methodology:

- Series of lectures on Victorian culture and how it influences
- Groupwork:
  - Development of a museum show and catalogue
- Group Access:
  - Group judge
  - + an outside judge

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## **The Lesson: Gender Swap**

Philosophy of the lesson:

Take away design crutches. \* Thinking outside of the box\*

Methodology:

- Inspiration:
  - Early 1800's Romantic era
- Menswear designers create womenswear designs
- Womenswear designers create menswear designs
- Critique:
  - Student groups (from their original disciplines) critique one another for a fresh perspective.

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**The Lesson: The True Cost Of A Garment**

Philosophy of the lesson:

Identify all costs (including "externalities" of designing, producing, delivering garment.

- Life Cycle Analysis
  - Cradle to Cradle or Cradle to Grave
- Processes & Resources in each step
  - Impact of each need
  - Social / Ethical
  - Environmental resources, emissions, toxicity, disposal / degradation / upcycle
- Economy

Methodology:

- Lectures, site visits, interactive exercises
- Measured by environmental and human
  - Footprint (land, air, waste, quality of life)

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**The Lesson: The Fearless Designer**

Learning Individual

A. Leadership styles, surveying successful design leaders

B. Frieze (“Tribal”) patterns in Accessory Design

- The history
- leaders who wear it

C. Employment of Luxury Materials

- Make A Belt
  - Lux
  - Historical reference in the patterns

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**The Lesson: ???**

- A Career in sustainable textiles for Interior Design
- You are a brand
- Learn by doing
- Publish & market sustainable textile for interiors